



# A Child's Developmental Milestones

## 0-6 months

Cognitive Milestones	Language Milestones	Social/Emotional Milestones	Physical Milestones	Recommended Activities
<ul style="list-style-type: none"> <li>• Listens attentively to sounds and voices (by 1 month)</li> <li>• Cries deliberately for assistance (by 1 month)</li> <li>• Coordinates eye movements (by 2 months)</li> <li>• Discovers hands and feet as extension of self (by 3 months)</li> <li>• Likes to repeat enjoyable acts (by 4 months)</li> <li>• Recognizes and responds to name (by 5 months)</li> <li>• Studies objects intently (by 6 months)</li> </ul>	<ul style="list-style-type: none"> <li>• Makes some sounds other than crying (by 2 months)</li> <li>• Begins cooing one syllable (by 3 months)</li> <li>• Makes first consonant sounds (by 4 months)</li> <li>• Babbles spontaneously</li> <li>• Acquires sounds of native language (by 6 months)</li> </ul>	<ul style="list-style-type: none"> <li>• Reacts to discomfort and pain</li> <li>• Recognizes parent's voice</li> <li>• Makes eye contact</li> <li>• Shows affection by looking, waving, kicking and smiling</li> <li>• Shows feelings of security when held or talked to</li> <li>• Expresses delight</li> <li>• May form attachment to one special object</li> <li>• Laughs when tickled</li> <li>• Builds trust when cries are answered</li> <li>• May begin to cling to primary caregiver</li> </ul>	<ul style="list-style-type: none"> <li>• Usually responds to objects or faces as they move</li> <li>• Plays with fingers, hands and toes</li> <li>• Holds and manipulates objects; sucks on everything!</li> <li>• Reacts to sound of voices, rattle or bell</li> <li>• Vocalizes to him/herself, people and toys</li> <li>• Can raise him/herself up on forearms (while on tummy) and hold head up</li> <li>• Rolls from back to tummy (by 4-6 months)</li> <li>• Can smile at self in mirror (by 5 months)</li> <li>• Can grab at objects (by 6 months)</li> </ul>	<ul style="list-style-type: none"> <li>• Talk with and hold baby. Give him/her interesting things to see.</li> <li>• Perform "the itsy bitsy spider" or other fun finger plays.</li> <li>• Provide safe, washable toys for children to look at and suck on.</li> <li>• Place toys near and above baby, encouraging him/her to roll over for a better view.</li> <li>• Play instruments in the classroom. Talk about the instrument.</li> <li>• Respond quickly to a child's cry. Children at this age need to know they can trust you.</li> <li>• Use wall and floor mirrors to point out the beautiful baby.</li> </ul>

